

Ergoapt Stretch Footrest

An innovative footrest with versatile adjustment options

Designed with two distinct support levels - a padded leg bar and an adjustable footplate - the Ergoapt Stretch Footrest offers an ergonomic solution that provides custom support, encourages movement, and enhances comfort. The Ergoapt Stretch Footrest can be used at both sitting and standing desks, an ideal addition to any workspace.

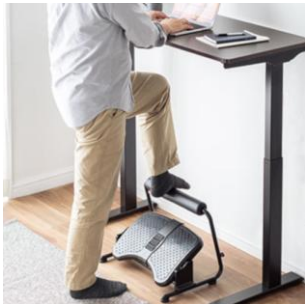
Whether you require elevation for your legs, a customised foot position, a combination of both, or want to maintain supported positions throughout the day, the Ergoapt Stretch Footrest is adaptable to your needs based on your comfort and the tasks at hand throughout your workday.



Product Code OPC16SF

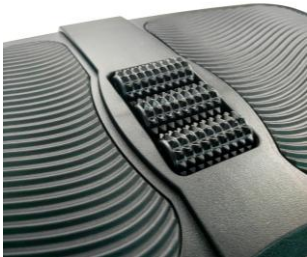
The padded leg bar

Positioned at a height of 36 cm, this raised padded bar is ideal for massaging the calf muscles, promoting improved circulation and alleviating tension after long periods of sitting. Additionally, the footrest can be used with standing desks, allowing you to shift your weight and promote movement while working.



The adjustable foot plate

The footplate has three adjustable height levels (9 cm, 12 cm, or 15 cm) and angle adjustment range of $\pm 50^\circ$, with customisable tilt resistance that allows for either stability or free movement. Also equipped with non slip rubber ridged foot pads and a textured roller, the footplate provides soothing comfort while stimulating circulation, promoting better posture and personalised comfort.



The features of the Ergoapt Stretch Footrest ensures a dynamic sitting or standing experience tailored to your individual needs, enhancing both comfort and support throughout your workday.

Features

- Padded top bar for comfortable stretching out of legs and massaging calf muscles
- Footplate has height adjustment with 3 positions (9 cm, 12 cm, or 15 cm)
- Footplate angle adjustment range of $\pm 50^\circ$ that can be left to be free movement or fixed position
- Footplate has raised rubber ridges and a textured roller
- Constructed from ABS plastic, powder coated steel tubing and foam padding with soft covering
- Rubber feet on base ensure stability

Dimensions

Footplate	420mm wide	305mm deep	Padded bar	385mm wide	60mm diameter
Footrest	490mm wide	355mm deep	360mm high	Weight	2.6kgs